

Personality Outline

1. Introduce yourself and describe your family.

- 1.
- 2.
- 3.
- 4.
- 5.

2. What personality traits do you like about yourself?

- 1.
- 2.
- 3.
- 4.
- 5.

3. What personality traits do you dislike about yourself?

- 1.
- 2.
- 3.
- 4.
- 5.

4. How do others view you?

- 1.
- 2.
- 3.
- 4.
- 5.

5. What have been some successes and failures that you have experienced?

- 1.
- 2.
- 3.
- 4.
- 5.

6. What currently causes stress in your life?

- 1.
- 2.
- 3.
- 4.
- 5.

6b. What do you do to cope with the stressors in your life?

- 1.
- 2.
- 3.
- 4.
- 5.

7. How is your self-esteem? What things do you do that make you feel good about yourself?

- 1.
- 2.
- 3.
- 4.
- 5.

8. What are you passionate about? What are you interested in?

- 1.
- 2.
- 3.
- 4.
- 5.

9. What goals do you want to accomplish before graduating from Prospect?

- 1.
- 2.
- 3.
- 4.
- 5.

10. What goals do you want to accomplish in the next ten years? (Age 25-26)

- 1.
- 2.
- 3.
- 4.
- 5.